

REFLECTION AND PRAYER

BLESS THE HANDS

Bless the hands of the people of the Earth The hands that plant the seed, The hands that bind the harvest, The hands that carry the burden of life.

Soften the hands of the oppressor and Strengthen the hands of the oppressed.

Bless the hands of the workers, Bless the hands of those in power above them That the measure they deal will be tempered With justice and compassion.

Amen

National Farm Workers' Ministry (NFWM) website.

canadian catholic organization for **Development** and **Peace** www.devp.org